



RONALD McDONALD
HOUSE CHARITIES
of Central Florida, Inc.

Ways to Help: Fundraising Opportunities

Share-A-Night:

Each year, Ronald McDonald House Charities® of Central Florida encourages members of the community to “Share-A-Night” by sponsoring family stays. As little as \$15 can help underwrite a family’s over night stay at a Ronald McDonald House. No family is ever turned away due to their inability to make a donation.

Paycheck Contributions & Company Matches:

Did you know that 30% of major American corporations offer to match their employees’ charitable donations, but only a quarter of eligible employees take advantage of those programs? Please contact your community relations representative if you’d like to make charitable donations to RMHCCF – and don’t forget to ask about a company match program!

A Gift From the Heart:

Show everyone that you support the House That Love Built! Fundraise with your group by selling Ronald McDonald House hearts and displaying them in a prominent area at the office.

Hold a Fundraising Event:

Have a great idea for a fundraising event? Want to benefit RMHCCF? Visit our website, www.rmhccf.org for more information and to fill out a Fundraising Event Form. Some ideas include:

- Car Wash
- Bake Sale
- Penny Drives
- Restaurant Nights
- Work/School Jeans Day



*On the campus of Arnold Palmer
Medical Center*



*On the campus of Walt Disney
Pavilion at Florida Hospital for Children*

Text **GIVE**
to **52000**
to make a
\$10 donation
today!

\$10 charge will be added directly to your monthly phone bill. Text & Data Rates Apply.

**RMHCCF is
on Facebook!**



Become a fan of the Ronald McDonald House Charities of Central Florida fan page and receive ongoing updates of the many ways you can stay involved!



ORLANDO

To keep up-to-date, donate online or add your address to our e-mail list, visit:

www.rmhccf.org



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Ways to Help: Group Activities

Share-A-Meal:

Families need and look forward to a well-balanced meal after a long day at the hospital. Now, more than ever, we need your help! Our goal is to provide a meal every day of the week for our guests. You can help us by either cooking a meal at the House in our spacious kitchen, or by preparing a meal in your home and delivering it in disposable pans. Groups or individuals cooking in our kitchen should bring all ingredients for their meal with them. They are invited to stay and serve the meal if they desire to do so, but it is not necessary. **To schedule a Meal call RMH - Florida Hospital at 407.898.6127 or RMH - Arnold Palmer Hospital at 407.581.1289*

Wish List (we are always in need of the following items):

- Dish Soap/Laundry Detergent
- Disinfecting/Cleaning Wipes
- Swiffer/Wet Mop Pads
- Umbrellas
- Toilet Paper/Paper Towels
- Phone/Gift Cards (grocery, target, restaurants, movie theatre)
- Ziploc Bags
- Cereals & Snacks (individual sizes only)
- Frozen Food Items (complete meals, frozen pizzas)
- 13 Gallon Trash Bags
- Antibacterial Shower liners
- Pillows
- Powdered bleach cleaners: Comet/Ajax

Family Story Cards:

Is your group interested in a fun and creative project? Help us capture unique and touching stories and expressions of gratitude from families staying at the Ronald McDonald House by designing and decorating cards. Art supplies such as colored construction paper, scrapbooking paper, markers, crayons and colored pencils, glue sticks, glitter glue, foamies, assorted stickers, scissors are always appreciated!

Comfort Kits:

Help us provide families with a little extra comfort!

- Idea #1: Wrap a new towel set (bath towel, hand towel, face cloth) in a ribbon or a gift bag. Include a note of encouragement.
- Idea #2: Wrap a new bath robe and slippers in a ribbon or gift bag. Include a note of encouragement.
- Idea #3: Make a 'goodie bag' with a variety of candies, gum, sunscreen, instant hand sanitizer, mints, disposable camera, playing cards, crossword puzzle, pens, etc. Package items neatly and include a note of encouragement. PLEASE, DO NOT INCLUDE ANY TYPE OF MEDICATIONS.

Toiletry Kits:

Give someone a smile! Create a toiletry kit with a personal touch. These kits are placed in each bedroom for families to use during their stay at the House. To prepare a kit, please use the following guidelines: Kits should be neatly wrapped in transparent wrap and gathered at the top with ribbon, string or twist tie. You can include a handwritten note to attach to the bag (children's handwriting is also welcomed). Examples: "Someone Cares For You" or use encouraging words, such as: "Hope" or "Peace."

- Priority Contents for toiletry kits are (travel sizes only): Shampoo, Conditioner, Lotion, Bath Soap
- Additional Contents: Mouthwash, Toothbrush and Toothpaste, Razor & Shaving Cream, Deodorant

CONTACT US

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