

Share-A-Meal Program

The Ronald McDonald House® is a “home-away-from-home” for families of seriously ill children receiving treatment at local hospitals. Our two Houses in Orlando serve approximately 1,500 families each year.

Families need and look forward to a well-balanced meal after a long day at the hospital.

Our goal is to provide a meal for the families every night of the week. You can help us by cooking a meal at one or both of our Houses in our spacious kitchens or preparing a meal in your home and delivering it in disposable pans.

Quantities Desired:

- The number of families varies depending on the House and the particular evening your group is cooking, so please call for an approximate headcount before you go shopping (general guideline is 40-60 people).
- Groups or individuals cooking in our kitchen(s) should bring all the ingredients for the meal.

Menu Suggestions:

- Pot Luck/Casserole Supper
- Mexican, Chinese, Italian
- Chili
- Turkey/Ham Dinner
- Pancake/Egg Breakfast
- Make-Your-Own Pizza
- BBQ (Gas Grill Provided)
- Brunch
- Soup, Salad, Sandwiches

**Please try to include some healthy alternatives in your meal planning (fruit, veggies)*

Photo Release:

BY PARTICIPATING IN THE SHARE-A-MEAL PROGRAM, YOU GRANT RONALD MCDONALD HOUSE CHARITIES® OF CENTRAL FLORIDA, INC., EXCLUSIVE NON-CANCELABLE USE OF, AND RIGHT TO PUBLISH/USE, ANY PHOTOGRAPHS TAKEN AT THE RONALD MCDONALD HOUSE, ON YOUR EVENT DATE FOR ANY AND ALL ON-AIR, PRINT, PROMOTIONAL AND PUBLICITY PURPOSES. SHOULD YOU HAVE ANY PHOTO RELEASE CONCERNS, PLEASE CONTACT THE HOUSE MANAGER AT YOUR SCHEDULED SHARE-A-MEAL.

We encourage you to have fun preparing your meal in our kitchen!

Here are some suggestions:

- Have a theme and dress up according to the theme to serve the meal.
- Bring props (i.e. Hawaiian theme, bring flowers for tables and/or pass out leis).
- Get kids involved with the planning and cooking of your meal.
- Bring a portable radio and play themed music or dining music.

Helpful Guidelines:

- Groups and individuals should plan on having the meal prepared by 6:30p.m. If you would like, you are more than welcome to serve and clean up afterwards.
- Eating utensils, plates, napkins and cups are provided, but donations of paper plates, napkins and paper cups are always needed and appreciated!
- Tin foil, plastic bags, plastic wrap and storage containers are provided, but donations of these items are always needed and appreciated!
- Providing drinks is optional but always appreciated. We always need milk! No alcohol please.
- Cooks on-site and/or off-site must wash hands prior to preparing or serving food.
- To drop off supplies, you may park in the area beside/behind each House where there is an entrance to the kitchen.
- Parking is available nearby.
- House tours will be given upon request.
- Please limit 7 people for the Florida Hospital location and 12 people for the Arnold Palmer location.

For more information please visit: rmhccf.org

HOW TO SCHEDULE A MEAL:

Call RMH at Arnold Palmer Hospital at (407) 581-1289
or RMH at Florida Hospital at (407) 898-6127 between 9 a.m. and 9 p.m.
with the following information:

- Name of group or individual providing/cooking the meal
- Date and time meal will be provided
- Phone number of contact person



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HOUSE CHARITIES
of Central Florida, Inc.



ORLANDO